Takeda

孫長 武田信義 称太郎

Takeda nobum

長子 武田信満 称五郎大膳太夫

Takeda nobumitsu

十六世 武田信満 称伊豆守

He was Izu no-Kami in Shizuoka pref.

Takeda nobusige

長子 武田信重 称太郎

Takeda kunitsugu

長子 武田國継 称土佐守 旧会津藩士

He would be a member of samurai of Aizu, Fukushima pref. called Tosa no-Kami

Takedauchi Takumino kami

十六世孫 武田内匠守 称仝 惣右衛門

Takedasōkakugen masayoshi

孫 武田惣角源正義 旧会津藩

[illegible] samurai of Aizu Fukushima pref.

The chief of Daitoryu

大東流柔術本部長

Takedasōkakugen Masayoshi

武田惣角源正義

monjin menkyo kaiden

門人 免許皆傳

shihan

師範 堀川幸道

Horikawa kodo

monjin menkyo kaiden

門人 免許皆伝

shihan

師範 井上祐助

Inoue Yūsuke

米沢克己

Yonezawa Katsumi

ジョン デーラ 殿

之今般杳目録令相傳候
不疑心切磋琢磨之上必
勝之術可相叶候仍如件

清和天皇

Seiwa
Tennō
(Emperor)

He is origin of Seiwa-Genji
one of famous samurai family
about one thousand years ago

第六皇子
貞純親王

The sixth
emperor's child (boy)

Sadasumi
Shinnō

御長子
経基
Tsunemoto
六孫王 賜姓源氏
正四位下 鎮守府將軍

He got the last name "genji"
[illegible] general, royal

長子
満仲
Mitsunaka
住摂津 多田
正四位下 鎮守府將軍

[illegible]
general, royal

長子
頼信
Yorinobu
甲斐守 從四位上 任
上野 常陸守

Yamanashi
pref
[illegible]

長子
頼義
Yoriyoshi
相模守 陸奥守
鎮守府將軍

Sagami
Kanagawa
pref
general

三子
義光
Yoshimitsu
相之
新羅三郎
称甲斐源氏

He is
[illegible]
[illegible]
[illegible]

長子
武田義清
称武田冠者
世居甲斐

Takeda yoshikiyo

He is origin
Takeda
Kai
Yamanashi
pref.

nobuyoshi

itsu

da family was conquered
da family in 16th century

KASA
V UMB
PARA
Suus

hold an umbrella
putting up

I
To

[1]

第一條

一指シタル傘ヲ敵ニ掴マ
レ時

第一條

一傘ヲ外ヨリ右手ニテ敵ノ
手ヲ掴ミ又右手ナラベ
左足ヲ敵ノ左ニ入レ頭上ヲ
越ニテ投ケ

by right hand [illegible] out [illegible] hold opp's hand [illegible] put by left foot into [illegible] [illegible] over head [illegible]

VI SHINKEN

20
17
2
1
1
53

Sum
118 jou
except 30 jou
which is out of daitou ryu

in case of holding
the hilt of sword

hold the hilt of a sword
by right hand

[1]

帯セシ刀ノ鞆ヲ捕ラル、事

SHINKEN

第一條

一帯セシ刀ノ鞆ヲ
右ニテ敵ニ押ヘラル

第一條

二目カクシヲ打チ右手ニテ
敵ノ右手首ヲ内ヨリ掴ミ
左手ニテ刀ノツバヲ押ヘ道キ
左足ヲ右ヘ進メ頭上ヲ越
シテ投ル

hit

hit mekakushi and
by right hand hold
opp's right hand from inside
by left hand hold a sword guard
put left foot right direction
throw over head.

計百拾八ヶ條
此内三拾ヶ條外手

SPIRIT EXERCISES

大東流柔術熱心不淺稽
古無懈怠勝利之働依有

KŌ

KEI

you should exercise Keiko [illegible] get
Dont easy and you will [illegible] of the [illegible]
means.
Believing and training [illegible] get the method of
prevail opponent.
(To overcome)

III → TAIJUTSU

Irecie of Standing eac… 44 jou

from behind hit ears, dow… hana hold bac… of neck about face twist and t…

"HANA" → STOMACH AREA "GUTS"

㉗

第二十六條 取放

一 後ヨリ耳カラミ打敵ノ胴復ヨリ打敵後襟ヲ掴ミ身ヲ変シ頭上ヨリ前ニ抜ル了

第二十七條 取放

一 並行手右手ヲ敵右手ヲ掴ミ左手ヲアバラヘ突キ左足ヲ敵ノ前ニ入レ左肩ニカケ投ル了

by right hand hold right hand opp's by left hand tsuki to opp's ribs put left foot front of opp, hang on sho… and throw

右立取柔術第四拾四ヶ條

IV TWO MAN or MULTIPLE OPPONENTS ATTACKS

2 opponents

二人詰之支

from front hold both hands from behind hold west

第一條

一 前ヨリ両手ヲ掴ミ後ヨリ腰ヲ抱キシムル了

第一條

一 左手ニテ敵ノ右手ヲ掴ミ左ノ足ヲ敵ノ股ニ入レ中腰ニテ頭ヲ越シ敵ノ身ヲ変シ前ヲ敵ノ後ノ敵ヲ両尻ニ投ル了

… hold opp's … put left foot … of opp … pull left hand twist over head, about face … front opp to the behind opp.

from both side, hold each hand … both … to

第二條

一 両手ヲ左右ノ人両手ニテ掴ル了

第二條

一 右足ヲ右ノ敵ノ前ニ入レ右ノ手ヲ以テ右手ヲ捕ル了

from both side hold left hand and cut down

第三條

一 両方ヨリ左手ヲ掴ミテ切掛ル了

第三條

一 右足ヨリ右ノ敵ノ前ニ入レ右ノ敵ノ左手ヲ掴ミ右ノ肩ニカケ右手ニテ投ゲ直ニ左ノ敵ノ左手ヲ右手ニテ外シテ捩リ倒ス了

put into right foot front of right opp hold opp's left hand hang on right shoulder and by right hand throw and immediately by right hand hold left hand of left opp and twist dow…

Two opponents of both side or front and behind are same method

4

第四條

一 組二人取先左右人及前ノ人ノ向モ同ジ

第四條

一 以上二人詰三人詰四人詰ヨリ皆其ノ理ニ同ジ

in case of two, three or four opponents use same original method

…RELLA

…sol …ade

N.B. can be used if you carry cane

…n case opponent …airs to …ize — your — umbrella

傘取之支

…NDING

TACHI AI

[illegible]

from behind
hold opp's right hand and
by left hand hit opp's
[illegible] put left foot from
[illegible] opp to right
[illegible] behind

from behind
hold both
hand

from behind
by left hand
hold right hand

from behind
hold shoulder

from behind
hold shoulder

by both hand
hold head

Fighting
Standing, by left hand
hold right hand, by
right hand tsuki to mizoochi
and ribs, go through opp's
right side and about face
hang right hand on opp's
elbow pull down

by right hand hold opp's
right hand, by left hand
hold the upper arm put
left foot to the right side
of opp. twist right hand
over and throw ahead

第十六條取放シノ事

一右ニテ右ノ手首ヲ掴ミ左ニテ敵ノ二ノ腕ヲ押ヘ左ノ足ヲ敵ノ右ヘ入レ捻上テ頭上ヲ越ヘテ前ニ投ル

第十八條取放シノ事

一立向ヘ左手ニテ敵ノ右手ヲ取リ右手ニテ水落トアバラヲ突キテ敵ノ右脇ヲ抜ケ身ヲ変シ右手ヲ敵ノ臂ニカケ返シ引倒ス

第十九條

一頭ヲ両手ニテ掴ム

第二十條

一後ヨリ肩ヲ押ヘル

第二十一條

一後ヨリ肩ヲ押ヘル

第二十二條

一後ヨリ同シク右手ヲ左ニテ押ヘル

第二十三條

一後ヨリ両手ヲ掴ミ押ヘ

第二十四條取放シノ事

一後ヨリ敵ノ右手ヲ掴ミ左ニテ敵ノ胴脇ヲ打チ左足ヲ敵ノ後ヨリ右ニ入レ頭上ヲ越シテ後ニ投ル

大東 柔術

前ニ投ル

第十七條取放シノ事

一右ニテ敵ノ右手ヲ掴ミ拳敵ノ臂ノ所ヘ挽上ケ後ニ引ク

by right hand hold
right wrist hang
left hand on opp's
elbow and twist
right hand over
and pull to back

第十八條取放シノ事

一敵右足ヲ出シ両拳ヲ揃ヘ立向ヘシ左足ヲ出シ左ノ手ヲ下ヨリ敵ノ右手首ニカケ右ニテ敵ノ上手首ニカケ右足ヲ外ニ出シ敵ノ後ニ廻ス

Opp put right foot
[illegible] and fight
put left foot by left hand
hang left hand on opp's right
wrist from beneath
by right hand hang over
opp's wrist put right foot
out and back side of opp

第十九條

一右ノ手ヲ下ヨリ敵ノ左手首ヲ掴ミ敵ノ左脇ニ足ヲ入レ捻返ス

[illegible]
[illegible]
[illegible]
[illegible]
left [illegible]
and twist down

第二十條

一左手ヲ肩ノ上ヨリ敵ノ拳ニテ右足ヲ敵ノ右ニ引キ敵ノ後腰ニ肘下ロセ

[illegible]
[illegible]
[illegible] over your
shoulder
[illegible] your foot
on opp's right side
by right hand hold
[illegible] wrist and

第二十一條

一左ニテ上ヨリ敵ノ左手首ヲ掴ミ肩ニカケ前ニ投ル

by left hand
catch opp's left
wrist over shoulder
throw over shoulder
to ahead

第二十二條

一左ニテ上ヨリ敵ノ左手首ヲ掴ミ捻リ上テ頭上ヲ越テ身ヲ変シ右足ヲ前ニ出シ左足ヲ引ク

by left hand hold
opp's left wrist and
twist over head
twist yourself
put right foot ahead
pull your left foot behind

第二十三條

一手ヲ拍テ両臂ヲ張リ左手ニテ敵ノ右手ヲ握頭上ヲ越シテ敵ヲ右ニ後腰ヲ落下ス

Opp hands
spread out both
elbows
by left hand hold
opp's right hand
over head
twist to opp's right
side and twist opp's
wrist down

第二十五條取放シノ事

一後ヨリ右ニテ敵ノ右手ヲ掴ミ身ヲ変シ左ニテ敵ノ臂ヲ押ヘ倒シ投ル

from behind
[illegible] hand hold
[illegible] hand
[illegible] by left
[illegible] push opp's
[illegible] down

hold both
hand

第六條
一敵ノ両手ヲ摑ムヿ

by left hand
hold opp's shoulder
by right hand
hit mekakushi

第七條
一左ニテ敵ノ肩ヲ押ヘ右ニテ目カクシヲ打ツヿ

hold opp's
[illegible] hand

第八條
一敵ノ両手ヲ摑ムヿ

hold opp's
left hand

第九條
一敵ノ左手ヲ摑ムヿ

by right hand
hold right hand

第十條
一右手ヲ右ニテ摑ムヿ

by right hand
hold opp's chest

第十一條
一右ニテ胸元ヲ捕ルヿ

by left hand hold
opp's right hand

第十二條
一左ニテ右手ヲ摑ムヿ

by right hand
hold left hand

第十三條
一右手ニテ左手ヲ摑ムヿ

by [illegible] hand hold
opp's [illegible] wrist
by left hand tsuki
[illegible] about face
[illegible] and

第十四條取放（シノ）
一右ニテ敵ノ右手ヲ摑ミ左手ニテアバラヲ突キ身ヲ変シ前ニ投ルヿ

第六條
一右ニテ敵ノ右手ヲ摑ミ左ニテ目カクシヲ打チ左手ヲ敵ノ肩ニ掛ケ身ヲ変シ上肩ニテ投ルヿ

by right hand
hold opp's right hand
by left hand hit meka
twist to rise right hand
hang your left hand on
opp's shoulder twist
yourself and overshoulder
shoulder throw opp

第七條
一左ニテ目カクシヲ打右ニテ返シ左ニテ敵ノ手首ヲ摑ミ捻倒スヿ

by left hand
hit mecacushi
by right hand
Kaeshi, by left hand
hold opp's wrist and
twist down

第八條
一右ニテ敵ノ右手ヲ摑ミ左足ヲ敵ノ左ヘ入身ヲ変シ投ルヿ

[illegible] hand hold
[illegible]
[illegible] left foot
[illegible] left
[illegible] and throw

第九條
一右手ニテ敵ノ右手首ヲ摑ミ右肩ニカケ肩ノ上ヨリ越シテ投ルヿ

by right hand hold
opp's right wrist
hang down right
shoulder and over
shoulder throw
opp

第十條
一左ニテ敵ノ手首ヲ摑ミ右足ヲ入レ敵ノ右腕ヲ投ケ頭上ヲ越シ手横ニ投ルヿ

right hand
catch opp's wrist
put right foot front
of opp rise opp's r[illegible]
hand over head
and throw to side

第十一條
一右ニテ敵ノ手首ヲ摑ミ捻上ケ身ヲ変シ頭上ヲ越前ニ投ルヿ

by right hand
catch opp's wrist
twist and rise,
about face
overhead throw
ahead

第十二條
一左ニテ敵ノ右手首ヲ摑ミ捻上ケ肩ヲ掛ケ肩ノ上ヨリ投ヲ放スヿ

by left hand hold
opp's right wrist
and twist over
to shoulder
and push

第十三條
一右ニテ目カクシヲ打ツ瞬ニ突キ右足ヲ敵ノ右ヘ脇ニ投ケ敵ノ手ヲ脇ニ廻シ下ゲヿ

[illegible] tsuki,
[illegible] put your
foot on the opp's right
side [illegible] side
and keep opp's hand
each side

第十五條取放（シノ）
一右ニテ敵ノ右手ヲ摑ミ捻上ケ敵ノ腰ニ肩ヲ付ケアテムキニカツギテ身ヲ変シ

[illegible] hand [illegible]
[illegible]
[illegible] your
[illegible]
[illegible] face
[illegible] throw
[illegible]

TAIJUTSU III

II CHUGOSHI
in case of
half sitting
12 jou
12 techniques

20

21

右半座半立柔術第拾弐條

12 techniques

第一條
一 右ニテ打ツ

right tsuki
punch

第二條
一 左ニテ打ツ

left tsuki
punch

第三條返
一 右ニテ目カクシヲ打右手ニテ敵
ノ右手ノ内ヨリ摑ミ左手ニテ水
落ヲ突キ左足ヲ右ヨリ敵ノ前
ニ入レ頭上ヲ越シ身ヲ返シ
ニ投ル

by right hand hit mekakushi
and hold opp's right hand from
inside. by left hand tsuki to
mizuochi. put left foot from right
to front of opp. pull opp's right hand
over head and twist and throw opp.

第四條
一 敵ノ胸元ヲ両手ニテ捕ル

by both hand, hold
opp's wrist

第五條
一 敵ノ襟元ヲ両手ニテ捕ル

by both
opp's

opp's

第六條

一 右手首ヲ摑ミ右
足ニテ敵ノアバラヲ蹴
右手ヲ敵ノ右手ニナゲ
抱ヘ倒ス

hit mekakushi
by left hand
right hand,
keri to the rib
hang your
to the opp's
and twist

第一條
一 左ニテ敵ノ肘ヲ押ヘ右手
ニテ敵ノ手首ヲ取リ押シ
倒ス

by left hand hold
opp's right
by right
opp's right
return

第二條
一 右ニテ敵ノ肘ヲ押ヘ左ニ
敵ノ手首ヲ摑ミ左ニ引キ
倒ス

by right hand
hold opp's left elbow,
by left hand hold
opp's left hand and
pull to left down

第三條ノ返
一 敵後ヨリ右手ヲ摑ムトキハ
左手ヲ敵ノ手首ヲ押ヘ
握リ左足ヲ敵ノ前ニ右ヨ
廻リテ敵ノ前ニ入レ投ルベ
シ
但百拾八條ノ外

behind of opp, hold opp's
right hand. by left hand
catch wrist from out side
put left foot from right
side to front of opp
and throw.

[this waza is out of
118 jo.

?

第四條
一 目カクシヲ打右手ニテ敵ノ
アバラヲ突キ左ニテ敵ノ手首
ヲ摑ミ右手ニテ敵ノ肘ニカ
ケ捻ヽ倒ス

by left hand hold wrist

第五條
一 目カクシヲ打右手ニテ敵ノ手首
ヲ摑ミ抜上ヲ左ニテ突キ敵ノ
右ニ抜ケ身ヲ変シ敵ヲ後
背ニ倒ス

hit mekakushi
by right hand hol
opp's wrist and twi
rise. by left hand
tsuki and go
opp's right side
and about face
opp back down

第六條

I SEIZA

In case of sitting each other

22 jou

22 TECHNIQUES

HANZA HANDACHI

each other

右座取柔術第貳拾貳條

22 JŌ

22 TECHNIQUES

from the back hold both [illegible]

第十三條

一後ヨリ主ノ両肩ヲ押ヘルヿ

From the back you are caught both shoulders

第十四條

一後ヨリ主ノ両肩ヲ掴ミ

Having been standing [illegible] and hold opp's hand sitted

⑮

第十五條

一坐シタル敵ノ両手ヲ立テ掴ム

by left hand hold opp's right hand sitting, and by the right hand hit opp

第十六條

一坐シタル敵ノ左ニテ右手ヲ押ヘ右ニテ敵ヲ打ツヿ

[illegible] both opp's hand sitting

第十七條

一坐シタル敵ノ両手ヲ掴ム

By both hand hold opp's right hand sitting

第十八條

一坐シタル敵ノ右手ヲ両手掴ム

hold both opp's hand sitting

第十九條

一坐シタル敵ノ両手ヲ掴ム

both shoulder

第二十條

一坐シタル敵ノ両肩ヲ掴

第十三條

一左ニテ右手首ヲ掴ミ頸ヲ上ヨリ押シ左ニ投ゲ落シ

by left hand catch opp's right wrist [illegible] head to force down to fall

THROW

第十四條

一右ニテ敵ノ左手首ヲ掴ミ頸ヲクグス

By right han[illegible] hold opp's b[illegible] wrist, and p[illegible] your head t[illegible] opp

⑮

第十五條

一右ニテ敵ノ右手ヲ掴ミ左ノ足ヲ敵ノ左ニ入レ頸ヲ起シ身ヲ変ル右脇ニ投返ス

by right hand hold opp's right hand, put your left foot into opp's left side [illegible] over the hand pull the right hand about face and pull down to the right side

第十六條

一右ニテ敵ノ左手首ヲ掴ミ右足ヲ敵ノ右ニ入レ身ヲ変シ右ニ投ル

by right hand catch opp's left hand put your right foot into opp's light side, about face and pull down to your right side

第十七條

一敵ノ左手ヲ左ニテ掴ミ右ニ投テ身ヲ変シ投ル

by right hand hold opp's left and throw to the right side about face

第十八條

一左手ニテ敵ノ右手ヲ押ヘ左ニ身ヲ変シ投ル

by left hand catch opp's right hand turn ~~right~~ left the yourself and throw opp

第十九條

一敵ノ右手首ヲ下ヨリ左ニテ掴ミ右足ヲ敵ノ右ニ入レ手ヲ投ゲ落ス

by left hand catch opp's right [illegible] from under [illegible] put your right foot into opp's right [illegible] pull down opp's right wrist

第二十條

一敵ニ目カクシヲ打左

[illegible] and [illegible] hold opp's [illegible] by right fist [illegible] right hand [illegible] right hand [illegible] down

S U W A R I W A Z A

~~III~~ SANJŌ

UKE: Uke's right arm is grabbed by Tori and uke receives right Atemi to face.

TORI: Initiates grabbing with lt to Uke's Rt, applies pressure point to [illegible] wrist straight [illegible] uke chops to neck, steps in front of neck

By left hand hold opp
turn around right
By right hand to tsuk

5

第三條

一左ニテ敵ノ右手ヲ摑ミ右ニ
捻リ右手ニテ敵ノ水落ヘ突キ
右手ニテ敵ヲ打ツ

77
GOJŌ

UKE- grabs Tori's lapel with right hand and punches left hand to Tori's face.

TORI- [illegible] Tori's left grabs Uke's Rt; Tori strikes [illegible] and Rt. chop [illegible] RT HARA [illegible]

By left hand
hit opp's eye (MEKAKUSHI)
hold chest pit
(MUNE)

第五條

一左ニテ目カクシヲ打胸元
ヲ摑ム

By left hand
hold opp's shoulder
By right hand
hit eye

第六條

一左ニテ敵ノ肩ヲ押ヘ右ニテ目
カクシヲ打敵ヲ打ツ

By right hand
hold opp's shoulder
By left hand
hit eye & push opp.

第七條

一右ニテ敵ノ肩ヲ押ヘ左ニテ
目カクシヲ打テ敵ヲ押ス

EYE

Hit eye and
hold both hand

第八條

一目カクシヲ打チ敵ノ両手
ヲ摑ム

Hit

大東
柔術

By right hand hit mekakoshi
hold opp's right wrist
By left hand hit opp's ribs
hold up opp's hand turn the opp's
wrist to the right and push out

第九條取放

一右ニテ敵ノ目カクシヲ打
手首ヲ握リ左手ニテ敵ノ右
ハラヲ突キ頭ヲ越シ敵ノ
腕ヲ外ニ捻リ右

by right hand hit mekakoshi
by left hand hit suigetsu and
catch opp's right hand and
put your foot to the right side of
opp. swing over the opp's push over to
the right. by right hand hit ribs.
hold and twist opp's hand and
[illegible] Twist your [illegible]

第十一條取放

一右ニテ目カクシヲ打左ニテ水落
ヲ突キ左ニテ敵ノ右手ヲ押ヘ右
足ヲ敵ノ右ヘ入レ頭ヲ越シ右ニ捻
敵ノアバラヲ右ニテ突キ捻返シ敵
ノ手ヲ押ヘ其ノ後腰ニ持込ス

4
IV YONJŌ
uke: gives atemi right straight
Tori's Rt hand grabs uke's [illegible]
Tori steps inside and under [illegible] inter[illegible]
Tori strikes uke's [illegible]
throws optional

第四條

一右ニテ敵ノ目カクシヲ打
右手ニテ敵ノ拳ヲ左ニ捻
リ突左手ニテ敵ノアバラヲ突ク

R-O

By right hand
hit opp's mekakushi,
and hold opp' right
hand turn around
to the left
By left hand
hit opp's ribs

第五條

一左ニテ手首ヲ取右ニテ
水落ヲ突キ右ニテ敵ノ肘
ヲ押ヘ左ニテ敵ノ手首
右ニ返ス

By left hand hold opp's hand
By right hand hit opp's suigochi
and hold elbow
By left hand turn around
hand to the right

第六條

一右ニテ目カクシヲ打右ニテ
ノアバラヲ突キ敵ノ右手ヲ左ニ
捻リ体ヲ反シ敵ノ肘ニ
ケ押

By right hand
hit eye and ribs
hold opp's right hand
turn around it to left
By left hand hold
opp's elbow and push down

第七條

一右ニテ目カクシヲ打左ニテ敵ノ
アバラヲ突キ左ニテ敵ノ右手
ヲ左ニ捻リ左手ヲ敵ノ肘
ニカケ押倒ス

By right hand hit eye.
By left hit ribs and
hold opp's right hand
turn around to the left
and hang left hand
on opp's elbow and
press opp down

第八條

一拍手ヲ打敵ノ右手ヲ
ニテ捻リ左手ニテ敵ノ拇指
ヲ摑ミ押ヘ捻リ倒ス

Clap hand(s)
by right hand Turn
around opp's right hand
to the right
by left hand
hold opp's thumb
and press and turn
to push down

第拾條取放

一左ノ手ニテ敵ノ目カクシヲ打
ノ左手肩ヲ摑ミ右ニテ敵ノ
アバラヲ突キ頭ヲ越シ
右ニテ居身ニ右ニ捻リ
[illegible]

By left hand hit mekakoshi
hold opp's left hand
By right hand hit opp's rib
[illegible] pit down right
hand [illegible] right and push out

第十二條取放

一右ニテ敵ノ目カクシヲ打
右手ニテ敵ノ手首ヲ摑ミ
左手ニテ外ニ捻リ
倒ス

by right hit mekakoshi
and hold opp's wrist
and put your left hand
twist to out side and
push down

Using
"hold"
Using
turn a
hand

SEIZA I

←

LT = Lefties

一 ICHI JO

UKE: RT. OVERHEAD CHOP OR STRAIGHT PUNCH TO TORI

TORI: RT. PARRIES; Then "KOTE GAESHI" w/left hand
WRIST TWIST
[illegible]

3 versions
I [illegible]
II [illegible]
III [illegible] Style

二 NI JO

UKE: OPPOSITE OF ICHI JO
TORI: OPPOSITE OF ICHI JO

uches
chop
s right hand
i to the mizuochi
SOLAR PLEXUS

Right Tsuki
Punch

Left tsuki
Punch

大東流柔術秘傳目録

第一條
一右ニテ打出シ了

第二條
一左ニテ打出シ了

第一條
一左ニテ敵ノ肘ヲ上ニ右ニテ敵ノ手首ヲ右ニ返ス

with punch as:
rt.
he's arm (3 point throw on wrist)
g (atemi)

第二條
右ニテ敵ノ臂ヲ上ニ左ニテ
敵ノ手首左返ス

right hand
opp' elbow
left hand
round. opp's
to the left

Using left hand
held opps tsuki
and with right hand together
turn around to the right

opponent:
opp's = [illegible]